

THE PARK TAVERN



GLUTEN FREE MENU

Please specify gluten free when ordering with your server.

Egg mayonnaise and Sussex watercress on gluten free bread,
with dressed leaves and French fries (v) £7.50

Roast beef, horseradish and red Leicester on gluten free bread,
with sauerkraut, dressed leaves and French fries £9

Tuna mayonnaise and cucumber sandwich,
served on gluten free with dressed leaves and French fries £7

Grilled asparagus, with guacamole and potato salad (v) £8

Half pint of king prawns, thousand island dressing,
gluten free slice of bread and butter £9

Smoked chicken and avocado, potato salad and bacon lardons £8
Also available as a main £16

Grilled minute steak, peppercorn sauce, French fries £17
Includes a drink, please ask your server for gluten free options

Monkfish, sweet potato and coconut curry,
served with fragrant basmati rice £16

Smoked haddock kedgeree, king prawns, boiled egg £16

Mozzarella, sun blushed tomato and edamame salad,
with pesto dressing (v) £14

Beef chilli, with half rice half chips, house salad £15

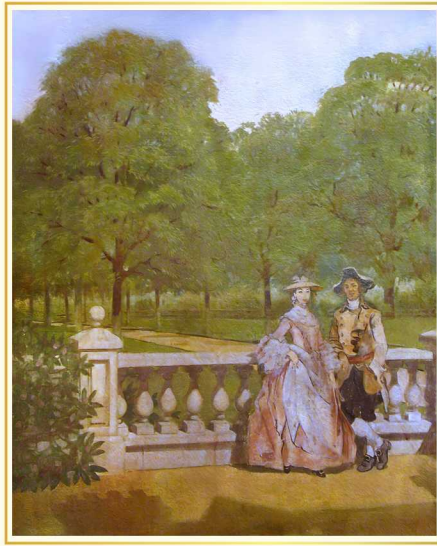
Chicken chasseur, baby new potatoes, garden peas £15

Smoked salmon and crayfish salad £16

Chocolate pot, stracciatella ice cream and chocolate pencil £6

Selection of home made ice creams £2.50 a scoop

Please be aware that we cook our French fries and chips in the same oil as other menu items that do contain gluten. If you would like to substitute them for potato salad please let us know.



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